



*Dear TGTSDA Members and Families,*

*As we reach the close of another year, I would like to extend my warmest wishes for a*

***Joyful Christmas Season and a  
Bright, Inspiring New Year***

*May this time bring peace, togetherness, and meaningful moments with those you hold dear.*

*I am deeply grateful for your dedication, spirit, and the hard work each of you has invested in your Tang Soo Do training throughout the year. Your effort strengthens not only your own journey but also the foundation of our entire association. To our families – thank you for the encouragement and support you give our members; your presence is felt in every achievement.*

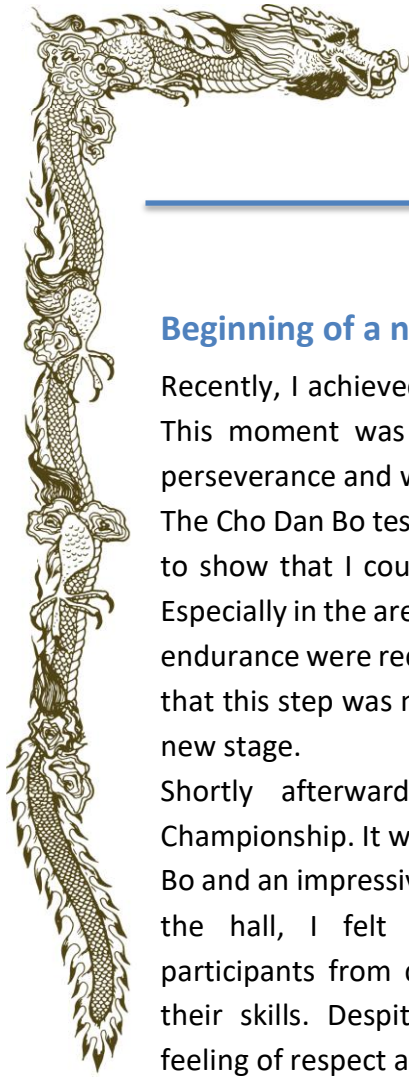
*As we look to the coming year, I wish great success for all our Tang Soo Do studios and continued growth for the TGTSDA. Together, we will build a future filled with unity, strength, and new accomplishments. I am proud of every one of you, and I look forward to the progress we will make side by side.*

*May the New Year bring health, fulfilment, and peace.*

*Tang Soo!*

*Klaus Ingens*

*Frohe Weihnachten - God Jul - Joyeux Noel - Buon Natale  
Merry Christmas - Boas Festas - Feliz Navidad - Prettige Kerstdagen -  
Vrolijk Kerstfeest - Mutlu Noeller - 메리 크리스마스 - 聖誕節快樂  
- メリークリスマス - З Різдом Христовим - С Рождеством - חג המולד שמח*



## NEWS AND EVENTS

### Beginning of a new stage

Recently, I achieved something I've been working towards for a long time: I'm now Cho Dan Bo. This moment was a big milestone for me. It stands for all the years of training, discipline, perseverance and willpower that have gone into this path.

The Cho Dan Bo test was demanding. Both physically and mentally, I was pushed to my limits. I had to show that I could perform the techniques precisely, powerfully and in a controlled manner. Especially in the areas of Hyungs, Il Soo Sik Dae Ryun, self-defence and breaking, concentration and endurance were required. When I passed the exam at the end, it was an incredible moment. I knew that this step was not the end, but the beginning of a new stage.

Shortly afterwards I took part in the World Championship. It was my first tournament as Cho Dan Bo and an impressive experience. As soon as I entered the hall, I felt the special atmosphere. Many participants from different countries came to show their skills. Despite the competition, there was a feeling of respect and cohesion, which for me makes the spirit of Tang Soo Do special.



I competed in the disciplines, Hyung, Sparring and Weapon Forms. I was nervous before every start, but as soon as the referee gave the signal, only the movement counted. Every technique, every kick and every block was almost automatic. The training of the last few years showed how deeply anchored everything is. There were moments when not everything went perfectly, but I was able to take something from every situation.

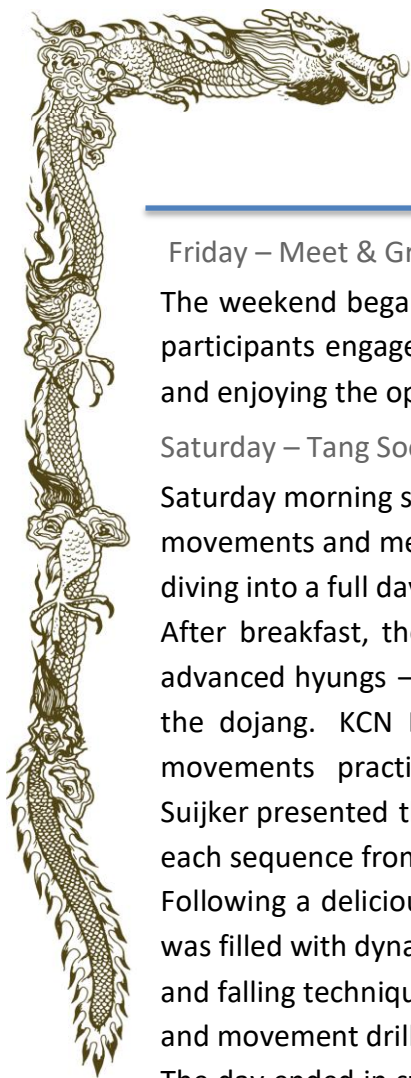
This championship showed me how much I've already learned and where I can still improve. I met many inspiring athletes and gained new motivation for my training. For me, the tournament was more than just a competition. It was a reminder of why I am taking this path: to develop myself, to bring body and mind into harmony and to live the values of Tang Soo Do – honour, discipline and respect.

Now I'm preparing for the next step with renewed energy: the Blackbelt test. There's still a long way to go, but I'm looking forward to everything I'll learn until then. Tang Soo!

Anika Keil, Cho Dan Bo, TSD Neufahrn/Germany

### Seminar Tang Soo Do & Ki Gong – September 13 & 14, 2025

On the weekend of September 13 – 14, our Dojang was fully dedicated to Tang Soo Do and Ki Gong. As Ki Kong/Ki Horangi, we were truly honoured to welcome two Masters from the Traditional Global Tang Soo Do Association: KCN Trogemann and KCN Dickinson. Their presence, guidance, and wisdom made this seminar an unforgettable experience for all participants.



### Friday – Meet & Greet

The weekend began on Friday evening with an intimate meet & greet. In a relaxed atmosphere, participants engaged in conversations with the KCNs, asking questions, exchanging experiences, and enjoying the opportunity to connect — not only with the Masters, but also with one another.

### Saturday – Tang Soo Do Focus

Saturday morning started with a Ki Gong session led by KCN Trogemann, focusing on fundamental movements and meditation. This was the perfect way to bring body and mind into balance before diving into a full day of training.

After breakfast, the official clinic began: KCN Trogemann guided us through fundamental and advanced hyungs — from Ki Cho to Pyung Ahn — emphasizing discipline, posture, and respect in the dojang. KCN Dickinson explained practical applications of the hyungs, showing how the movements practiced in forms translate into real defence and combat situations. SBN Suijker presented the hyungs Shin Yi Chang and Bassai Soo in traditional Korean style, repeating each sequence from the beginning with every new motion.

Following a delicious lunch prepared by the families of Joshua and Jake, the afternoon program was filled with dynamic training. Advanced Ho Sin Sul (self-defence) with KCN Dickinson, throwing and falling techniques with KCN Trogemann, and Dae Ryun (sparring forms) with refined footwork and movement drills by KCN Dickinson.

The day ended in style with a harbour tour of Rotterdam, followed by dinner at Restaurant Loos, where participants and masters exchanged stories and impressions.

### Sunday – Ki Gong & Weapons

Sunday opened with another Ki Gong session, this time led by KCN Dickinson, who introduced the first movements of a Tai Chi form — an elegant, flowing contrast to the powerful Tang Soo Do techniques. After breakfast, kindly provided by Rianne's family, participants enjoyed a diverse program. Bong Il Soo Sik (staff one-steps) with KCN Trogemann, Sword techniques presented by SBN Partosoebroto, drawing on his expertise in Sibpalki, and advanced Ho Sin Sul with KCN Dickinson, showcasing a wide range of realistic self-defence methods.

### Closing & Reflections

The seminar concluded with a heartfelt presentation of a commemorative plaque and a box of Dutch delicacies to both KCNs, in gratitude for their tireless efforts and inspiring instruction.

We look back on a weekend filled with Tang Soo Do, Ki Gong, and friendship. The blend of intensive training, technical depth, and social activities made this event a true success. A special thank you goes out to all participants, volunteers, and of course KCN Trogemann and KCN Dickinson. We hope to meet again next year for another equally inspiring seminar!

SBN Richard Suijker, 5th Dan Master, The Netherlands





## International Tang Soo Do Championship in Issum/Germany

An impressive backdrop, an enthusiastic audience and top sporting performances: At the end of October, Issum in North Rhine-Westphalia was the venue for the International Championship of the Traditional Global Tang Soo Do Association for the first time in 18 years. Almost 250 martial artists, from Germany, France, the Netherlands, Switzerland, Denmark, Sweden, Mozambique, Belgium, Indonesia and Brazil joined the event.

The colourful picture of national flags, emblems of the participating schools and cheering spectators filled Issum's largest sports hall and created a fantastic atmosphere. At the official opening, the guests and participants were warmly



welcomed by Grandmaster and Chairman of the Traditional Global Tang Soo Do Association Klaus Trogemann, Issum's Deputy Mayor Stefan Sablowski and the 1st Chairman of TV Issum Rainer Pütz. After the ceremonial opening, numerous honours and belt awards as well as a demonstration of the Masters and Blackbelts, the actual competition began.

### Successful competitions

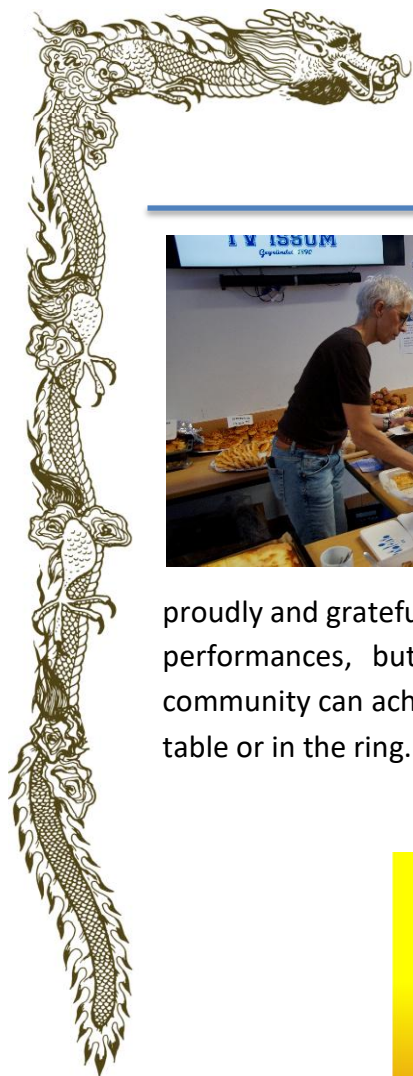
One of the first disciplines was the "creativity", which is very popular with the audience. All competing teams thrilled with gripping performances that amazed the audience. In the end, the team of the hosts of TSD Issum won the discipline. Almost 25 children, young people and adults



from Issum had lined up with a kind of circus performance based on the film The Greatest Showman, including acrobatics, show fighting and unicycle interlude. In the following hours, the other disciplines of forms, weapon forms and sparring were held in the respective competition groups. Most recently, the Blackbelts thrilled with creative and

spectacular breaking performances. In the end, Anna Leenings from TSD Issum and Robin Müller from Tang Soo Do Moo Duk Kwan Bund (TMB) from Iserlohn were happy about the day's victory in the black belt division. In the gup division, Nevio Palermo from TMB and Janina Merzenich from TSD Menzelen won the Champions Cup.

Thanks to all helpers and supporters! Behind the smooth running of the championship (and the preceding Black Belt and Master Clinic) were months of preparation by the dedicated members of the TSD department of TV Issum - especially the organization team around Björn Beeker, Anne and



Achim Droste as well as Gregor Schmitz - who showed full commitment from planning to dismantling. Special thanks also go to all the helping hands who made the major event possible, including the board of TV Issum, friends and families, members of the TSD schools in Menzelen and Birten and the sponsors Stiftung Rückenwind and Volksbank an der Niers.

After an all-round successful weekend, TSD Issum looks back proudly and gratefully on an extraordinary championship. The event not only showed top sporting performances, but also impressively demonstrated what committed club work and lived community can achieve - whether in the set-up, at the cake counter and at the grill, at the judges' table or in the ring. We look forward to seeing you again next year in Senden. Tang Soo!

Tina Ganster, TSD Issum/Germany



## Traditional Global **TANG SOO DO** CHAMPIONSHIP 2026 Senden/Bavaria

Master's Clinic	3 - 5 November 2026
Black Belt Clinic	6 November 2026
Championship	7 November 2026

SAVE THE DATE!



More information about  
the events, travels,  
accommodation etc.



KCN Klaus Trogemann  
President of the TGTSDA





## TGTSDA Master's Clinic, BB clinic and World Championship: A Global Gathering of Knowledge, Skills and Friendship

This year's major events took place in Issum/Germany and were kicked off by the TGTSDA Master's Clinic from Tuesday, October 21<sup>st</sup> to Thursday, 23<sup>rd</sup>, starting with the TGTSDA year meeting in the afternoon. KCN Klaus Trogemann, as the president of the TGTSDA, oversaw the events and enriched them with valuable advice, comprehensive explanations, and humorous anecdotes.

### Master's Clinic

The Master's clinic was a truly inspiring event, bringing together 29 dedicated participants from across the globe. Masters and senior practitioners travelled from Brazil, Sweden, the Netherlands, Germany, Indonesia, Mozambique, France, Switzerland, Scotland, and the USA, united by their shared passion for the wonderful art of Tang Soo Do.

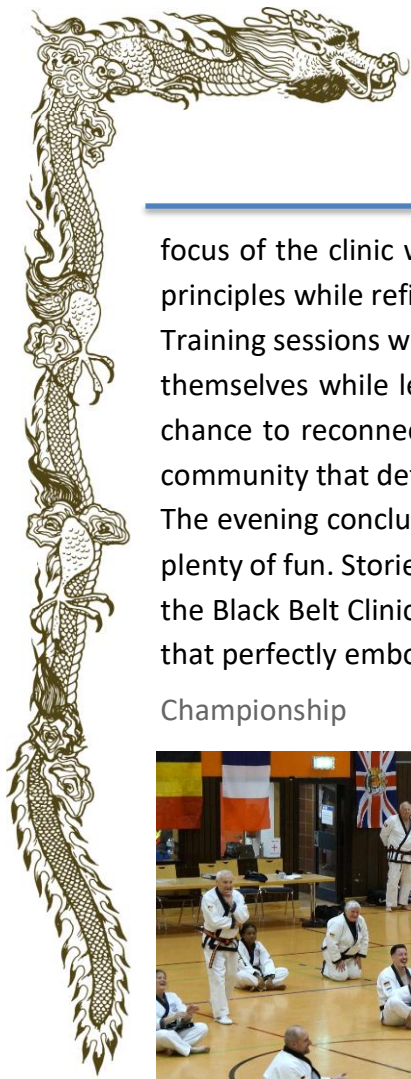
Over the course of the clinic, participants worked intensively on Hyungs, refining both technical precision and deeper understanding. Weapon forms were practiced with focus and discipline, while advanced self-defence sessions challenged everyone to explore higher-level applications, adaptability, and realism. Each training block emphasized not only physical excellence but also the mindset required of Masters who serve as role models within their schools and communities.

The clinic was further enriched by lectures in the evening. 6<sup>th</sup> Dan Master Andrew Ewing delivered a talk on the "Motivation for TGTSDA Masters," addressing responsibility, lifelong learning, and leading by example. 5<sup>th</sup> Dan Master Hanifi Dolu presented the "Importance of Prevention of Injuries", offering valuable insights into longevity in training and the importance of intelligent practice, and underscored his lecture with some *really* impressive photos – thanks for the nightmares! Sam Dan Tatjana Schwarz concluded the lecture program with "Leadership Communication Skills," highlighting how effective communication strengthens teaching, leadership, and relationships within and beyond the Dojang.

### BB Clinic

The Black Belt Clinic held on Friday, October 24, set a powerful tone for the weekend, welcoming almost 50 participants. Black belts from various countries and backgrounds came together to train side by side, reinforcing the strong international bond within TGTSDA. The





focus of the clinic was on strengthening the technical foundation of Tang Soo Do, revisiting core principles while refining details that are essential for long-term growth and excellence.

Training sessions were intense yet inspiring, providing an opportunity for participants to challenge themselves while learning from one another. Just as important as the physical practice was the chance to reconnect with old friends and to build new friendships, reflecting the deep sense of community that defines our association.

The evening concluded with a delicious dinner, filled with interesting conversations, laughter, and plenty of fun. Stories were exchanged, experiences shared, and connections strengthened, making the Black Belt Clinic not only a valuable training experience, but also a memorable social highlight that perfectly embodied the spirit of Tang Soo Do fellowship.

### Championship



The TGTSDA World Championship on Saturday, October 24th was a truly memorable event, bringing together around 250 participants from across the world. From the very beginning, the atmosphere was filled with great spirit, mutual respect, and enthusiasm, setting the perfect stage for a fair and inspiring competition.

The championship opened with a warm greeting from KCN Trogemann, followed by the promotion and presentation of the

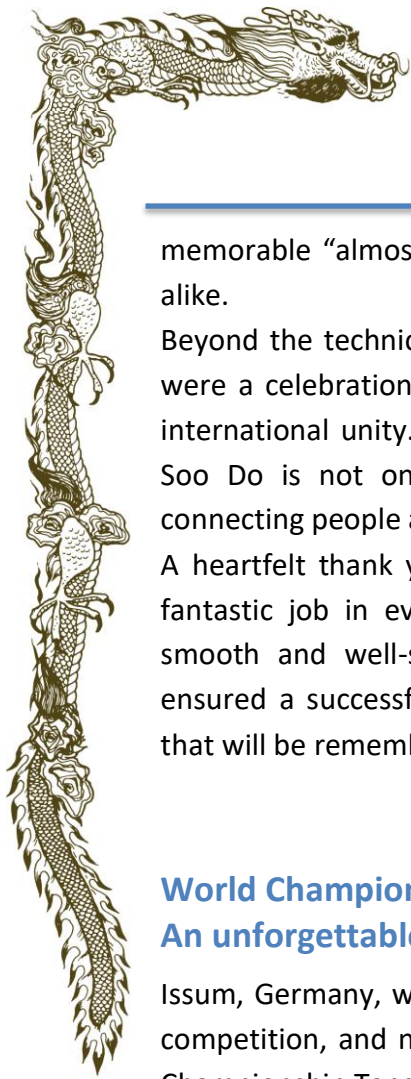
(new) Masters. This was a proud and emotional moment, honouring dedication, perseverance, and the continued growth of our association.

One of the special moments at championships is running the Sae Kye Hyung Il Bu together, which always creates a powerful sense of unity and tradition, reminding everyone of the deeper meaning behind our training.

The competitions began with the creativity and the team forms, showcasing impressive synchronization, imagination, and strong teamwork. From there, the event moved into the individual disciplines, including Hyungs, weapon forms, and sparring. Throughout the day, competitors demonstrated high technical skill, control, and true Tang Soo Do spirit, with fair judging and respectful conduct on and off the floor. After the individual events, the breaking competition of the Blackbelts delivered many spectacular techniques, alongside a few light-hearted and







memorable “almost” moments that brought smiles and laughter to participants and spectators alike.

Beyond the technical and educational aspects, the events were a celebration of friendship, knowledge sharing, and international unity. It beautifully demonstrated that Tang Soo Do is not only a martial art, but a lifelong path connecting people around the world.

A heartfelt thank you goes to the organizers, who did a fantastic job in every aspect—from excellent food to a smooth and well-structured schedule. Their hard work ensured a successful and enjoyable World Championship that will be remembered for a long time.



Tatjana Schwarz, Sam Dan, Bulsajo TSD, Senden/Germany

### **World Championship Tang Soo Do 2025 – Issum, Germany** **An unforgettable week through the eyes of Mathias Schavemaker (15, 1st Dan)**

Issum, Germany, was buzzing with Tang Soo Do spirit during an incredible week full of training, competition, and new friendships. For Mathias Schavemaker, a 15-year-old 1st Dan, the World Championship Tang Soo Do 2025 was an experience he will never forget.

The Tang Soo Do weekend kicked off with the Black Belt Clinic, where practitioners from all over the world trained together. Under the guidance of Grandmaster Trogemann and Grandmaster Dickinson, the focus was on traditional Hyungs, weapon forms, self-defence, and Ki training. The powerful rhythm of the Korean drum set the pace and created an atmosphere that pushed everyone to give their best — physically and mentally.

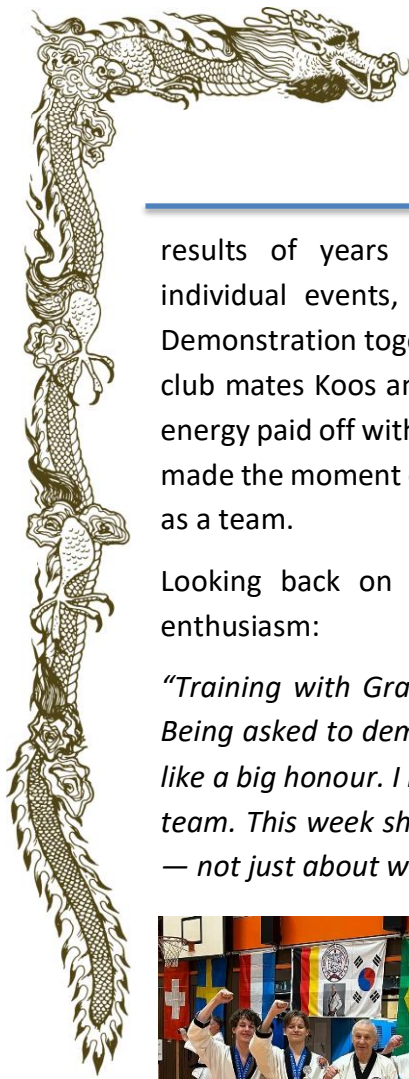
One of the highlights of the clinic for Mathias was being asked, together with his older brother Alexander, to demonstrate several kicking techniques and Sip Soo Hyung. Master Ewing invited them to perform these demonstrations for recordings that will be used on the TGTSDA website. For Mathias, this was a special moment of recognition and a memory he will always treasure.

After a day of intense training, competition day arrived. The sports hall filled with hundreds of participants from across Europe, Asia, America, and Africa. The program was packed with events such as Hyung, weapon forms, Dae Ryun (sparring), team demonstrations, and Kyuck Pa (breaking).

Mathias competed with focus and excitement, especially during the breaking event, where strong techniques and high scores showed the







results of years of dedicated training. Alongside his individual events, Mathias also took part in the Team Demonstration together with his brother Alexander and his club mates Koos and Rosalie. Their teamwork, timing, and energy paid off with a fantastic second place — a result that made the moment even more special because it was shared as a team.

Looking back on the week, Mathias couldn't hide his enthusiasm:

*"Training with Grandmaster Trogemann and Grandmaster Dickinson was really special for me. Being asked to demonstrate Sip Soo Hyung together with my brother for the TGTSDA website felt like a big honour. I really enjoyed competing, meeting new people, and sharing everything with my team. This week showed me that Tang Soo Do is about respect, friendship, and learning together — not just about winning medals."*



Beyond the medals and results, the World Championship was about connection. Between matches, competitors cheered for each other, exchanged stories, and made new friends from different countries. It truly felt like one big Tang Soo Do family.

The week ended in a relaxed and happy way, with the Dutch team and supporters enjoying a schnitzel dinner together before heading back home — tired, proud, and full of great memories.

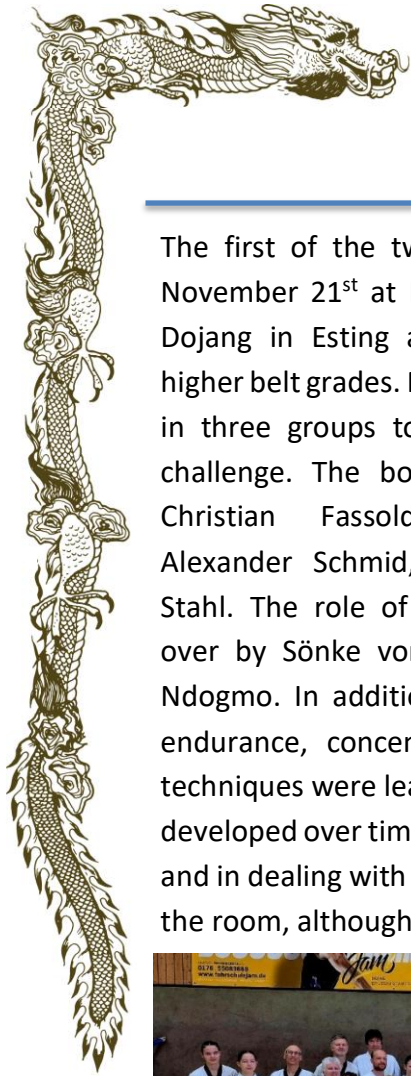
For Mathias, Issum 2025 was more than a tournament. It was a week of learning, inspiration, and fun — and a strong motivation to keep training, improving, and enjoying the Tang Soo Do journey.

Tang Soo!

Mathias Schavemaker, 1<sup>st</sup> Dan, Dojang Ki Kong, The Netherlands

## Two Gup Gradings at the End of the Year

At the end of the year, I was allowed to be an examiner at two different gradings, which could hardly have been more different and at the same time had a lot in common. Both dates were interesting for me not only from the examiner's point of view, but also from the perspective of an instructor, because in both exams my own students were on the mat, where they had to show what they had practiced and worked on intensively in the past months.



The first of the two tests took place on November 21<sup>st</sup> at KCN Klaus Trogemann's Dojang in Esting and was aimed at the higher belt grades. More than 30 examinees in three groups took up this demanding challenge. The board on this day were Christian Fassold, Tatjana Schwarz, Alexander Schmid, Kai Bugs and Oliver Stahl. The role of conductors was taken over by Sönke von Heymann and Aaron Ndogmo.



In addition to the clean technical execution, the examinees were required to have endurance, concentration and mental strength. The grading showed very clearly whether techniques were learned by heart or really understood. I was pleased to see how the students had developed over time, not only in the topics relevant to the exam, but also in their personal maturity and in dealing with the test situation. There was a pleasant mixture of serenity and cheerfulness in the room, although the exam always brings a certain tension and nervousness.



Just a few days later, on November 29<sup>th</sup>, the second grading followed in Neufahrn for the lower belt grades, also more than 30 examinees, divided into three groups, took the test. For some children and young people it was the very first test in Tang Soo Do, so the excitement was particularly

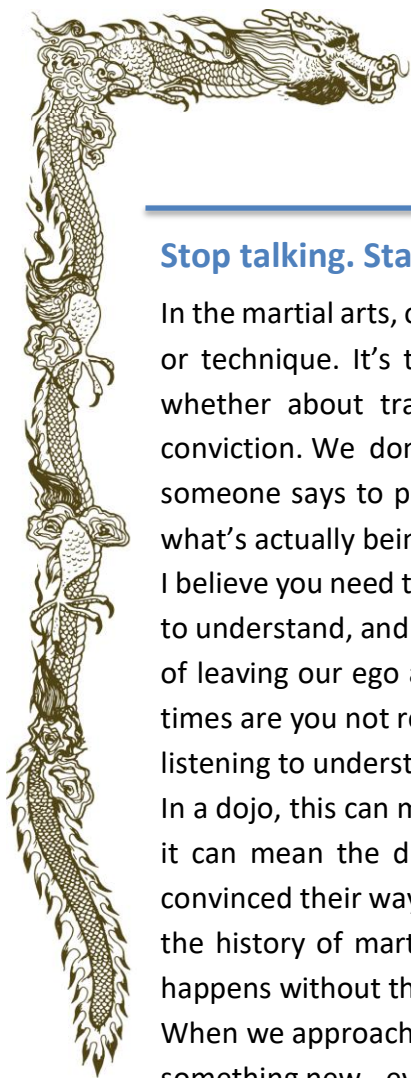
great. Especially with the younger ones, I am always impressed by the courage and ambition with which they face this task. Nervousness and tension were clearly noticeable, but also the relief and pride after each successfully completed discipline.

In Neufahrn, several examiners sat at the table that day, as we deliberately wanted to take the opportunity to give black belts, who had rarely or never examined, their first experience in this role. The occupation of the examination table changed in all three rounds. Christian Fassold, Anna Steinmetz, Alexander Schmid, Florian Decker, Ferdinand Ziegler, Simon Müller, Sönke von Heymann and Manfred Woberer were the examiners. The instructors for the groups were Leoni Erbe, Annika Keil and Manfred Woberer.

At the end of both days, all examinees could be proud of their performances. We examiners also looked back with satisfaction on two intensive and fair audits. For me, these were two very emotional and fulfilling appointments at the end of the year, which once again showed how important patience, perseverance and continuous training is in Tang so Do.

Alexander Schmid, 3Dan, TSD-Neufahrn/Germany





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### Stop talking. Start listening. – written by Adam Carter - Shuri Dojo

In the martial arts, one of the greatest skills we can develop has nothing to do with speed, strength, or technique. It's the ability to truly listen. Too often, conversations between martial artists - whether about training methods, kata interpretation, or self-defence - turn into battles of conviction. We don't listen to understand; we listen to reply. We hear just enough of what someone says to prepare our counterpoint, our defence, our "correction". In doing so, we miss what's actually being shared.

I believe you need to be aware of other people's feelings, opinions and ideas - we need to seek first to understand, and then be understood. This is not weakness, nor is it surrender. It's the discipline of leaving our ego at the door long enough to see things from another's perspective. How many times are you not really listening you just want to answer or comment. When really you should be listening to understand.

In a dojo, this can mean the difference between improving and remaining stuck. Outside the dojo, it can mean the difference between connection and conflict. I've met instructors who are so convinced their way is the way, that every conversation becomes an exercise in self-validation. Yet the history of martial arts is filled with cross-pollination, adaptation, and change. None of that happens without the humility to listen.

When we approach others with curiosity rather than certainty, we invite the possibility of learning something new - even if it challenges what we've always believed. As Bruce Lee famously said and which has been repeated many, many times, "Absorb what is useful, discard what is not, add what is uniquely your own." Perhaps that is the truest spirit of martial arts: not the defence of our own position, but the constant refinement of it.

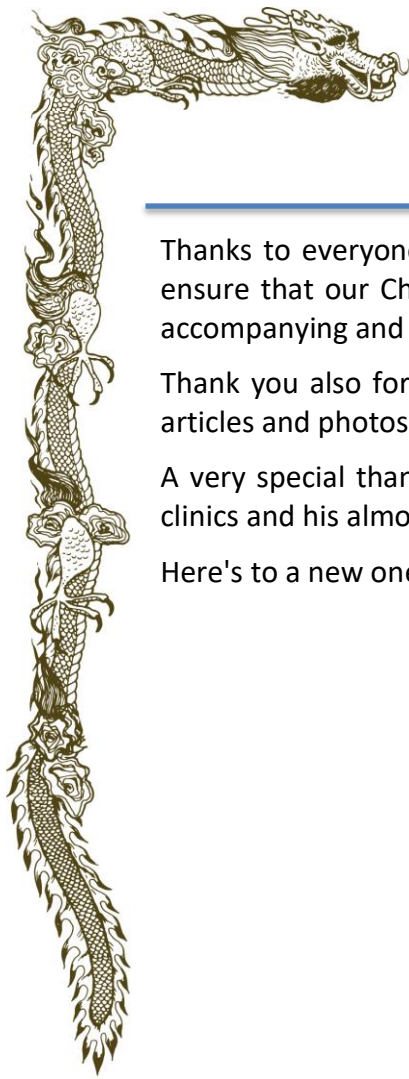
Just remember - you don't know it all. I don't care how long or who you've trained with. You simply don't. I don't. None of us do. The best masters I've met, even in advanced age, say the same thing: they are still learning. To be a great student, or instructor, you need to be a great listener. There are no two ways about it. If you're not listening to others, you will never understand at a deeper level. And if you don't understand the message the other person is trying to give, you're not listening. And if you're not listening, you're not learning.

Rise above it. Be the best at what you do. Drop the ego, shut up and listen. And when you think you know - shut up and listen some more.

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### Last but not least

A huge thank you to all studios, instructors and all members of the TGTSDA for an all-round successful and eventful year. Whether at the numerous seminars, Gup test, the Blackbelt test in September, the Master's test in October or the World Championships in October - your commitment, passion and cohesion have made all this possible.



Thanks to everyone who contributed their ideas at meetings and worked in the background to ensure that our Chung Shin software works so smoothly or that the accounting is correct, thus accompanying and advancing the TGTSDA on its way.

Thank you also for the numerous articles for our newsletter. I'm looking forward to your great articles and photos next year.

A very special thank you goes to our KCN Trogemann for his constant support at seminars and clinics and his almost tireless commitment for the TGTSDA.

Here's to a new one!

Tatjana Schwarz, Sam Dan, Publications & Website

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## IMPRINT

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Klaus Trogemann, TGTSDA Editorial Team